

## Tentative AHS Fall 2020 Fitness and Recreation Schedule

Socially-distanced sports, fitness and recreation opportunities will exist for the social/emotional/physical wellbeing of our students

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2:00 - 2:40</b>	4th+ 5th Girls	6th+ 7th Boys	6th+ 7th Girls	2nd + 3rd	KG + 1st
<b>2:45 - 3:30</b>	Karate			Karate	
<b>3:30 - 4:10</b>	4th + 5th Boys	4th+5th Girls	4th+5th Boys	6th+ 7th Boys	HS GIRLS
<b>4:15 - 4:55</b>	6th+ 7th Girls	2nd + 3rd	KG + 1st	8th + 9th Girls	
<b>5:00 - 5:40</b>	10th-12th Girls	8th + 9th Girls	10th-12th Girls	10th-12th Boys	MS GIRLS
<b>5:45 - 6:25</b>	8 + 9 Boys	10th-12th Boys	MS BOYS	8+9Boys	HS BOYS
<b>6:30- 7:15</b>					

MS= Middle School

HS= High School

Open to in-person students - if virtual students are interested, they may be accommodated with restrictions

For both in-person/virtual students