

FATIMA HUSSAIN

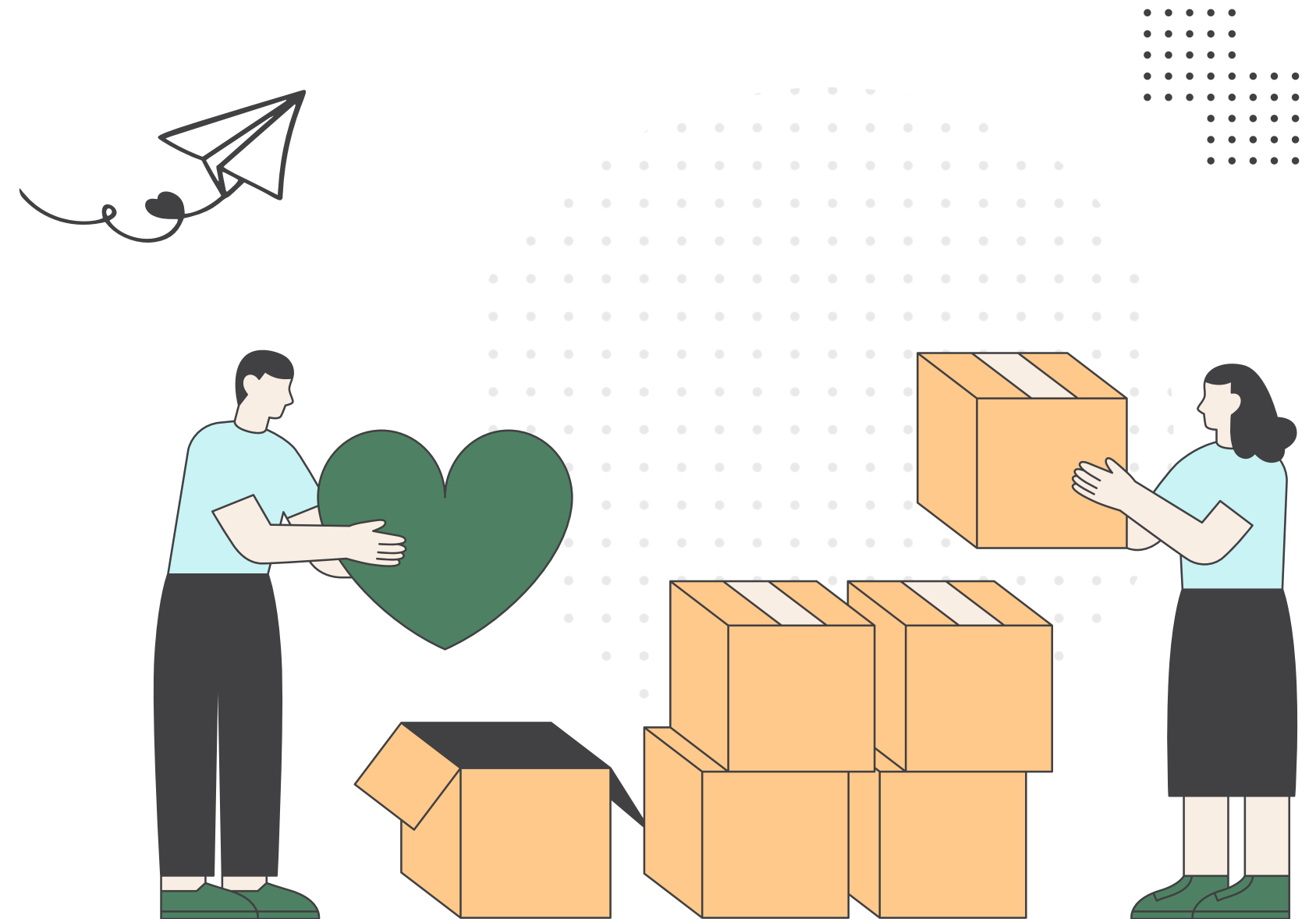


ZAHRA SHAHNAWAZ - SUKAINA RIZVI

THE EMPATHY PROJECT



***"HE IS NOT A BELIEVER WHOSE
STOMACH IS FILLED WHILE THE
NEIGHBOUR TO HIS SIDE GOES
HUNGRY."- PROPHET MUHAMMAD
(PBUH)***



WHAT IS THE EMPATHY PROJECT?



The mission/ vision of The Empathy Project is to

- **Foster Awareness** of the challenges and struggles faced by others, such as poverty, illness, or social inequality, physical or mental disabilities
- **Promote Empathy** with those in need, which can lead to more meaningful support and engagement.
- **Build Bridges and create a sense of unity** across different communities, cultures, or socioeconomic backgrounds by highlighting shared humanity.
- **Create Lasting Impact and Nurture long-term commitments** to philanthropy and kindness, ensuring that the ripple effects of empathy extend far beyond the program itself.

This club is designed to help students contribute back to their community. Our goal is to expand further than just this community, help contribute alongside other organizations, as well as InshaAllah continuing to different locations as well.

We also want this to be a club where the members can gain both experience in first hand association with those in need, and more peer interaction and time with friends!

Included Experiences:

- Packaging different types of kits, food boxes, hygiene packs, and later distributing to different shelters, families, etc.
- Volunteering at Animal Shelters
- Creating Fundraisers and donations to raise money for different events
- Creating Book/ Toy drives for children/ shelters
- Collaborating/ Volunteering with diff. organizations
- Creative Projects included !!



OUR FIRST PROJECT

✿ OUR FIRST FOOD DRIVE

Our first packaging was a Food Drive for 40-50 Afghani refugee families, resulting in a successful turn out!

Our goal and intention is not to just feed those in need, but to offer first aid to those who require it first hand.

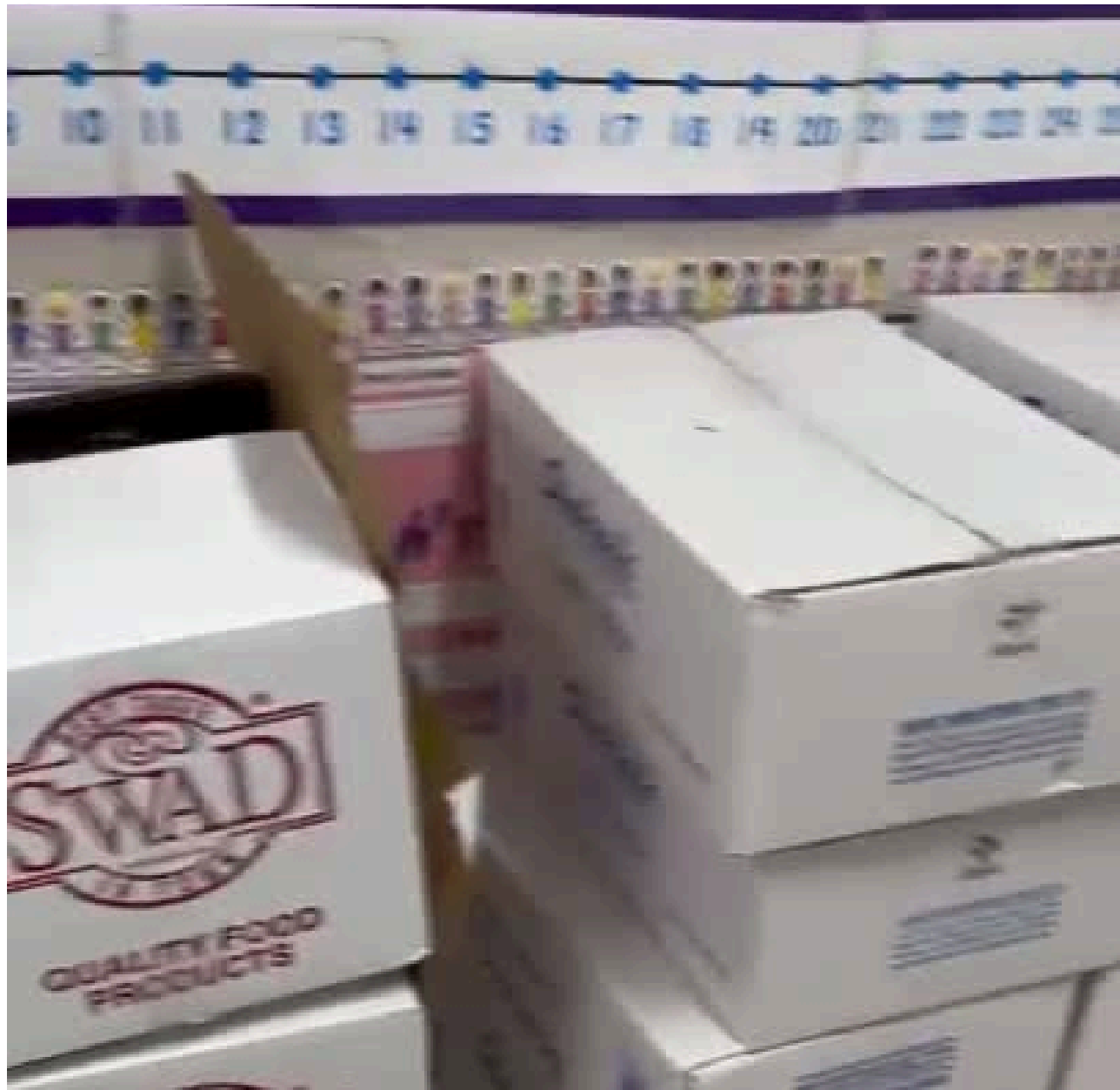
Some examples of the different rations included-

- Rice
- Different types of lentils
- Oil
- Pasta
- Flour
- Dates
- Salt

And much more!



OUR FIRST PROJECT



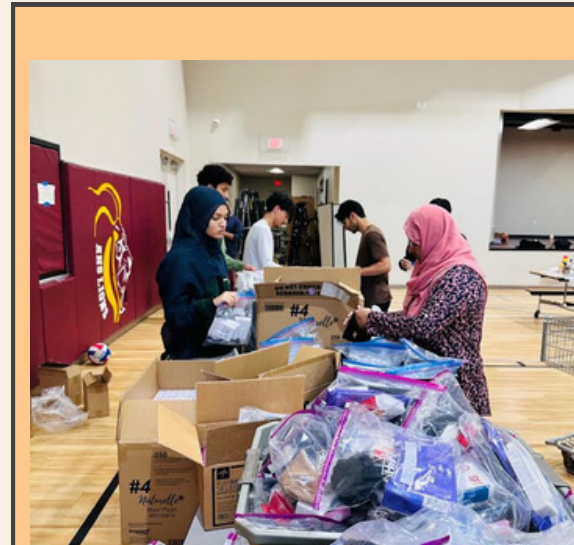
HYGIENE/ FOOD KIT DISTRIBUTION

We also collaborated with the Al-Mahdi organization to package and distribute both hygiene kits AND food boxes, then proceeded to distribute them to those in need and the homeless in central downtown Houston.

These hygiene packs included:

- Sanitary wipes
- Sanitary pads
- Toothbrushes
- Socks
- First hand hygiene needs, etc !!

(We provide transportation for events and volunteers are able to contribute as well !!)



CLOTHING DRIVE

Another project we were able to move forward with was a Clothing drive, collaborating with the Haya Foundation, where we collected over 100 bags of donated clothes from our generous community, all sorted by gender, material, etc.

The clothing donated had a variety of different materials, sizes, colors, cultures, etc., and all were brought to the Haya Foundation where they were donated back to those in need and refugees.

This project was one of our most successful and community based event, Thank you to those who contributed as well !! :))



SCHOOL SUPPLY DRIVE

Our most recent project was a School Supply drive:

We collected around 100 backpacks, filled them each with supplies, and proceeded to take them to a refugee Masjid for Afghani families.

The supplies consisted of:

- Glue sticks
- Notebooks
- Pencils
- Erasers
- Rulers
- Paper
- Etc. !!

Alhamdulillah, all of our backpacks were collected with no extras !!



VOLUNTEER HOURS AND ELIGIBILITY

- We try to have at least **1-2 events per month** and extra opportunities we can partake in (not school affiliated !!)
- You must participate in the empathy club for a **minimum of 2 hours** in order to be eligible for volunteer hours!
- To be **eligible and remain** in the club, you must be in 9th - 12th (high school) and attend at least 4-5 meetings/ 3-4 events per year !!!

“Food for the body is eating, whereas food for the soul, is feeding.”
-Imam Ali (AS)





UPCOMING: PILLOW CASE PAINTING

InshaAllah, for our next event we plan on organizing a fun project where we will be collaborating with the **Who Is Hussain** organization and painting, tie dyeing, and decorating pillow covers to hand out to kids, which will hold place in the Art Room and room 126. We will send out the info through email and flyers as well !!

- To join the club, there will be a sign up form sent out by Sister Siddiqua. If you do not receive the email, there will also be a sign up sheet passed around school to fill out !!
- For any questions, Please email any of the team member's which includes, Fatima Hussain, Molana Shan Abbas, Zahra Shanawaz, or Sister Siddiqua !

✱
DATE:
WEDNESDAY,
SEPTEMBER 24TH

✱
LOCATION:
AL HADI
(ROOM 126/ ART
ROOM

✱
PROJECT EVENT!

Thank You